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Not

They would acknowledge that

mistakes were made but also that

they were not personally responsible.

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In a broader sense this book deals with the way how people reduce personal dissonance, how we lie to ourselves, in order to increase our comfort level in life. Self justification seems to be the reason why it is so hard to accept mistakes.

Mistakes Were Made (But Not by Me):  
Why We Justify Foolish ...

Mistakes Were Made has become one of my favorite books of all time. It should be required reading for every human being. At its heart, this book examines everything humans believe about their own selves and the world at large.

Mistakes Were Made (But Not by Me):  
Why We Justify Foolish ...

Mistakes Were Made (But Not by Me)  
is a non-fiction book by social

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psychologists Carol Tavris and Elliot Aronson, first published in 2007. It deals with cognitive dissonance, confirmation bias and other cognitive biases, using these psychological theories to illustrate how the perpetrators (and victims) of hurtful acts justify and rationalize their behavior.

Mistakes Were Made (but Not by Me) -  
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Admit Your Mistakes 2. Society Will  
Work Better If People Admitted When  
They ’ re Wrong 3. You Can Fight  
Cognitive Dissonance, Confirmation  
Bias, and False Memories! Here ’ s  
How!

Mistakes Were Made (But Not By Me)  
PDF Summary - Carol ...

“ Mistakes Were Made (but not by  
me) “ Our self-deception is often the  
result of an ego-enhancing bias.  
People come to believe their actions  
were really the best course they could  
have taken. Memories, in every  
situation, are imperfect and can be  
massaged to support our story. It ’ s

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not a lie when you truly believe you  
did your very best.

10 Things You 'll Learn from

“ Mistakes Were Made (but not ...  
Mistakes were made, by them. Never  
mind that I raised hell about those  
lessons or stubbornly refused to take  
advantage of them. By far, the most  
important distortions and  
confabulations of memory are those  
that serve to justify and explain our  
own lives. Memories create our  
stories, but our stories also create our  
memories.

Mistakes Were Made (but Not by Me) -  
Summary & Notes

The phrase “ mistakes were made ”  
is such a glaring effort to absolve  
oneself of culpability that it has  
become a national joke—what the



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political journalist Bill Schneider called the “past exonerative” tense.” Carol Tavis, *Mistakes Were Made (But Not by Me): Why We Justify Foolish Beliefs, Bad Decisions, and Hurtful Acts* 2 likes

*Mistakes Were Made (But Not by Me)*  
Quotes by Carol Tavis

*Mistakes Were Made, But Not By Me* goes into the mechanisms in our brains, which prevent us from admitting our mistakes, shows how this causes damages in all areas of life, and provides valuable starting points to finally start manning up, and admitting them. Here are 3 things to learn from the book:

*Mistakes Were Made, But Not By Me*  
Summary

They would acknowledge that

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mistakes were made but also that they were not personally responsible. In a broader sense this book deals with the way how people reduce personal dissonance, how we lie to ourselves, in order to increase our comfort level in life. Self justification seems to be the reason why it is so hard to accept mistakes.

Mistakes Were Made (But Not by Me):  
Carol Tavris, Elliot ...

"Mistakes were made" is an expression that is commonly used as a rhetorical device, whereby a speaker acknowledges that a situation was handled poorly or inappropriately but seeks to evade any direct admission or accusation of responsibility by not specifying the person who made the mistakes. The acknowledgement of "mistakes" is

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framed in an abstract sense, with no direct reference to who made the mistakes. A less evasive construction might be along the lines of "I made mistakes" or "John Doe ma

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Mistakes Were Made (but Not by Me) by Carol Tavris, Elliot ...

She is coauthor, with Elliot Aronson, of "Mistakes Were Made (But Not by ME): Why we justify foolish beliefs, bad decisions, and hurtful acts," and, with Avrum Bluming, the forthcoming "Estrogen Matters." Her

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Beliefs Bad Decisions And  
Mistakes Were Made (But Not by Me)  
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Backed by years of research and delivered in lively, energetic prose, Mistakes Were Made (But Not by Me) offers a fascinating explanation of self-deception - how it works, the harm it can cause, and how we can overcome it. ©2008 Carol Tavis and Elliot Aronson (P)2010 Audible, Inc. What listeners say about Mistakes Were Made (But Not By Me)

Mistakes Were Made (But Not By Me)  
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Mistakes were made but not in this book! Daniel Gilbert, author of "Stumbling on Happiness" Why is it so hard to say I made a mistake and really believe it? When we make

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mistakes, cling to outdated attitudes, or mistreat other people, we must calm the cognitive dissonance that jars our feelings of self-worth.

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